

Ugly Gully and the Gray family would like to welcome everyone to the recently added OY event to be held at Bluestone, Mt Crosby.

Boring stuff

Date Sunday Sept 6 (FATHERS DAY), starts 9am to 10, course close midday. Enter via eventor. Entries close Thursday evening prior. No EOD or late starts. No toilets or water at event. Nearest toilets are at Colleges Crossing Recreation Reserve. Park on Allawah Road near Willeen Circuit.

Setter Brenton, Controller Daniel, Organiser Meredith, Control Collection Ryan and Mikaela.

Fun stuff

There are no grass seeds! After four hours of putting out stands, I only had to pull out about half a dozen soft ones which I hadn't even noticed! There is some lantana but courses have been set to avoid it; and where there is some lantana you have been given the option to run in the creeks which are like highways (see photo at end). This is going to be really fun -- courses are set as a long middle distance type event with lots of control picking with interesting features and one or two longer vague legs for variety. There is not a huge amount of route choice so you are kept running in the nicest corridors. Varied visibility but mostly excellent except in creeks.

Almost all is good runnability which means the only excuse for not running up the hills is your fitness and you can't blame the forest for stopping to walk. Control sites have generally been put in friendly locations so you don't have to go all the way down into a gully to punch and back up again; we have tried to find a nice termie at the top so you have less climb in and out. And it just gets better, the map has been recently updated by Geoff Peck and longer courses visit a few areas I don't recall being used in an event in the last five years.

Useful stuff

The Easy course has a unique challenge, rather than only following tracks, for a few controls they will follow a safe, wide creek bed. Good shoes are recommended for the young ones and they will feel like a real explorer.

Hard 5 has been set to use tracks for any steep sections. Controls sites avoid any steep gullies, and the course has been kept on the shorter side as it is quite demanding but hopefully pleasant.

All other courses Hard courses will have varying degree of physicality but certainly strength will be more important than speed.

Clothing – Something to avoid a little lantana scratching and low socks covered by gaiters worked well... People wanting to win should run in a singlet and intimidate their fellow competitors.

Your Father would love nothing more than a new pair of undies and a run at Bluestone on Sept 6. Cya then,

UG and Gray Family

Estimated course lengths.

<u>Course</u>	<u>Controls</u>	<u>Length</u>
Hard 1	24	6.9 km

Hard 2	19	5.6 km
Hard 3	18	4.6 km
Hard 4	16	3.6 km
Hard 5	9	2.1 km
Easy	10	2.1 km
Very Easy	11	1.9 km
Moderate 1	14	3.6 km
Moderate 2	13	3.0 km

Picture: The wide creek that the Easy course will follow. Generally, all courses have good runnability.

