

2020 WA Middle Distance Orienteering Championships
Foxes Lair, Sunday September 27

Organising club: KO
Course Setters: Ceri Pass and Dave Pass
Organiser: Wendy Hobley
Controller: Graham Braid

Map

Foxes Lair, 1:10,000, 5m contours, mapped by Noel Schoknecht 2019.
Maps will be printed on waterproof paper.
The maps will not have a legend. A sample legend is available on the event page in Eventor.

Flagged routes

Courses 6 and 7 have flagging leading away from some controls where tracks are indistinct. The flagging does not continue for the entire leg. Control descriptions will indicate this.

Control Descriptions

Control descriptions will be printed on the front of maps. IOF symbols will be used for courses 1 – 5 and English for courses 6 – 7. Loose control description slips will be provided at the pre-start.

Directions

The arena and parking are on private farm land (property of Greg and Eileen Scott) on the corner of Range Road and Graham Road, Narrogin (assembly area co-ordinates are 32.95°S 117.164°E). From Williams turn right into Narrakine Road, left into Forrest Street and Right into Floreat Street. Floreat Street becomes Range Road. Continue on Range Road and then follow O-signs. Narrakine Road is a continuation of the Wandering – Narrogin Road so if you are coming from that direction follow directions as above. If you are coming from Brookton/Pingelly enter the town through Federal Street and turn right into Forrest Street then left into Floreat Street.

Assembly Area

There is limited shade available in the assembly area. Please consider bringing your own.

Terrain notes

Gently undulating to hilly terrain with scattered granite and occasional lateritic breakaways. Generally fast and open running. In some areas the eucalypts, sheoaks and wattles are closely spaced, but in general they are mapped white unless running speed is significantly affected. Small areas with fallen branches and moderately dense acacia or sheoak thickets are mapped as slow running or walk. There are also small areas of a prickly Dryandra species (“parrot bush”) which, depending on density, are mapped as slow running or walk. In the east of the map there are numerous narrow mountain bike trails mapped using the small footpath symbol. These can be difficult to see on the run. At the end of several vehicle tracks there are gates standing alone without an associated fence. These are used to control vehicle access throughout the reserve. These gates may be open or closed.

Start Procedure

There are two Starts. **From the Assembly area leave by the gate into the Parking Area** on to Range

Road and follow the cones. **Courses 1 to 5 Start** is to the right of Range Road and **Courses 6 and 7 Start** is to the left of Range Road. Both Pre-Starts are approximately 300m from the Assembly area.

Clear and check SI sticks before approaching the start grid. Starts will be at 2 minute intervals. Competitors must present themselves to the official at the start grid six minutes before their start time. The grid sequence is:

Box 1 – your name and SI stick number will be checked; re-check your SI;

Box 2 – collect control descriptions;

Box 3 – move to the correct map box and write your name on the back of your map;

Start time – pick up your map then punch the Start SI unit before looking at your map.

Start times

Start times for competition courses will be posted on Eventor as soon as possible after entries close. Enter-on-the-day starts will be after competition starts.

Late Starters

Late starters should report to the Start official. They will be started as soon as possible but timed from their assigned start time unless delayed by a fault of the Organisers or by events considered by the Controller to have been unavoidable by the competitor.

Complaints and Protests

Complaints should first be made orally to the Controller, as soon as possible. Protests about the outcome of a complaint must be made in writing and given to the Controller. If this occurs, a jury consisting of three Level 2/3 Controllers will be convened to consider the protest. Protests should be submitted by 1pm.

Presentations

Awards will be presented as early as possible.

Clothing

Full leg cover is recommended. The majority of the map has little undergrowth, although some areas have fallen branches and low bushes and small areas of a prickly “parrot bush.”

Water

There will be no water on the courses.

Facilities

Toilet. Camping is NOT available.

Courses

Course	Difficulty	Men	Women	Length	Climb
1	Hard	M17-20A, M21A, M35A		5.6 km	130m
2	Hard	M16A, M45A, M55A	W17-20A, W21A, W35A	4.2 km	105m

3	Hard	M65A, M70A, Sledge	W16A, W45A, W55A	3.4 km	100m
4	Hard	M75A, M80A, M85A	W65A, W70A, W75A, W80A	2.8 km	75m
5	Moderate	M14A, M Open B	W14A, W Open B	2.6 km	75m
6	Easy	M12A, M Junior B	W12A, W Junior B	2.5 km	65m
7	Very Easy	M10A	W10A	2.4 km	65m

Enter on the Day Courses: Courses 3, 5, 6, 7. Registration after 9.30am to 11.00am.

Courses Close: 1pm – please return to the assembly area by this time.