

# 2020 WA Long Distance Orienteering Championships

## Avon Valley 20<sup>th</sup> September

### Start Information

#### Map

Avon valley, 1:10,000, 5m contours

Maps will be printed on Pretex waterproof paper.

All maps have a legend on front side.

Courses 1-6 A3 size

Courses 7-10 A4 size

#### Taped routes

Courses 9 and 10 have taping between some controls.

Course 9 has taping leading from one control where linear feature is vague. This taped route is **Optional** for competitor.

#### Control Descriptions

Control descriptions will be printed on the front of maps. IOF symbols will be used for courses 1 – 7 and English/symbols for courses 8 – 10. Loose control description slips will be provided at the pre-start.

#### Directions

See Information flyer.

**NOTE:** Please slow on approach to assembly (final 400m) as competitors will be using road enroute to start. Look for sign.

#### Start

There is a **1300m** walk to the pre-start, for all courses. **Allow 20-25 mins.** Walk consists of 800m road and track with 500m of light woodland scrub mainly downhill (-20m). Route will be marked with combination of flagging and cones. It is recommended that you hydrate sufficiently prior to leaving the assembly area.

#### Start Procedure

Clear and check SI sticks before approaching the start grid. Starts will be at 2 or 4 minute intervals for different classes. Competitors must present themselves to the official at the start grid six minutes before their start time. The grid sequence is:

Box 1 – your name and SI stick number will be checked; re-check your SI;

Box 2 – collect control descriptions;

Box 3 – move to the correct map box

Start time – pick up your map then punch the Start SI unit before looking at your map.

The start of navigation in the terrain is **80m** along a flagged route, marked by a control stand with no punching device.

**Start times**

Start times for competition courses will be posted on Eventor as soon as possible after entries close. Enter-on-the-day starts will be after competition starts.

**Late Starters**

Late starters should report to the Start official. They will be started as soon as possible but timed from their assigned start time unless delayed by a fault of the organisers or by events considered by the Controller to have been unavoidable by the competitor. Please note time to start and allow suitable time.

**Finish**

Maps will not be collected at the finish and ask that you do not share maps with anyone that has not started.

**Presentations**

Awards will be presented as early as possible, probably about 1 pm.

**Clothing**

Full body cover and spiked footwear are recommended for all courses. There will not be a clothing return from pre start.

**Water**

Water on the courses will be limited to the minimum required by OA rules. You are advised to carry your own. There will be NO water at the start and finish. Refer to *Water on Course* doc.

**Facilities**

Park Toilets are located approx. 200m from assembly on south side of approach road.

**JUNIORS**

**Spot the Error** –there is a minor printing error on the map. (Hint not in the terrain mapping) First junior to correctly advise the setter post event will receive a spot prize.