



Uringa Orienteers Duo
Appin
3rd October 2020
COVID SAFETY
INFORMATION



This is a COVID-conscious event. There are several conditions and restrictions that must be complied with in order for the event to proceed, as summarised below. Further details can be found on the ONSW website at <https://www.onsw.asn.au/covid-19-updates>

Orienteering NSW's COVID-19 Safety Plan applies to this event. Uringa Orienteers has adopted the ONSW Plan and this document outlines specific elements for participants at our event.

Entry is open to all orienteers from Greater Sydney, which consists of the:

- o Sydney Metropolitan Area which is bounded by the Hawkesbury River, Nepean River and the western and/or southern edges of Penrith, Liverpool, Camden, Campbelltown and Sutherland Shire LGAs.
- o Wollondilly LGA
- o Blue Mountains LGA; and the part of Hawkesbury LGA outside the metropolitan area.

No rural entries are permitted.

DO NOT ATTEND if you are unwell, have recently been in Victoria or have visited any of the NSW government's COVID hotspots (see above website or <https://www.nsw.gov.au/covid-19/latest-news-and-updates>)

- This is an **“arrive, orienteer and go home”** event. No gatherings are permitted before or after the event. No results will be on display, but they will be online.
- Queueing starts will be used to allow you to arrive & run.
- Social distancing must be maintained at all times. Parents with young children should ensure their children exercise social distancing except with those family members they live with.
- Contact details should be entered into Eventor for all competitors. Not having sufficient information to allow contact tracing may mean not being able to start or being disqualified. An emergency contact should also be given. Use of the COVID-Safe app is encouraged.
- Any person attending but not competing, eg a parent or friend of a competitor, must also create a ‘Casual member’ registration in Eventor. Only one spectator per entrant is allowed, eg parent or guardian. Shadowing is permitted only with one person.

- Hand sanitising and/or hand washing should be undertaken before and after competing. Hand sanitiser will be available, but it is also advisable to bring your own.
- Control clue sheets will be printed on the maps and will be available online before the event. Loose sheets will not be provided.
- Avoid unnecessary touching of surfaces. Take care to only touch and pick up the map that you are using. Avoid touching the SI units other than to insert the SI stick if not using SIAC. There will not be a box for keys.
- Near controls, please be considerate of other people and respect their requirements for social distancing.
- At the Finish, be conscious of SI staff and move away as quickly as possible.