

Being COVID Safe at Events

Please observe the following guidelines at today's event for the safety of all competitors

Assembly and Registration Areas

- Maintain social distancing (1.5m between people)
- Household groups to set up 2m apart at the assembly area
- Warm up and stretch away from the assembly area
- Names, emails and phone numbers of ALL competitors
 MUST be collected for contact tracing
- Where possible pre-enter and pre-pay for events
- There is no key box and no drinks for sale
- Where competitor numbers are limited please

Arrive → Compete → Leave