



## Event Information – Southern Regional Championships (OST 10)

Location	Event Date	Region	Series
Pittwater Dunes	Saturday 24 October, 2020	Statewide	OST

### COVID-19 Compliance

To comply with government regulations there are changes to the way orienteering in Tasmania takes place:

- You must enter using the online entry system [Eventor](#) several days prior to the event.
- There will be no entry or payment on the day. If you turn up without pre-entering you will not be allowed to participate.
- Before you come, read the [COVIDSAFE Participant checklist](#).
- Bring your own water – no water will be available on the course or at the assembly area.
- Social distancing and a range of hygiene measures will be enforced.

**If you have COVID-19 symptoms, have been in recent contact with a COVID-19 case, or have travelled overseas recently please stay home.**

### About This Event

This is the last event in the OST series for 2020 and it is the Southern Regional Championships. It may even be a badge event, but we don't think anyone really knows what that means! If it is a badge event then to accumulate points or Badge credits, competitors must run in their appropriate age class or in a more difficult class. Points are awarded for finishing place and time relative to the winner of the class, and possibly for general good looks. We hope most of the controls are in the correct location. The event uses the Pittwater Dunes map – it is quite tricky, with lots of wiggly brown lines. Nine courses are available, to suit all ages, fitness and experience levels. Beginning and occasional orienteers are welcome. This is a complex sand dune area with some bare sand, some marram grass and some runnable radiata pine forest. Some of the tracks are faint and if you cross them at right angles you might not notice them. There may even be a few additional tracks that are not well mapped. The area is generally glorious to run in, but areas of marram grass and bracken are slow. It is generally quite flat and vague so it is easy to lose track of where you are. Best of luck!

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## Where is the Start?

From Hobart, follow the Tasman Highway to the airport roundabout, take the second exit from the roundabout, then after 1.7 km, turn right along Pittwater Road. Follow Pittwater Road for 2.7 km to Centre Road, and turn left along Centre Road. Please be aware of the speed bump on the gravel road. The competition parking is approximately 4 km along Centre Road and then 200 m to the right at the assembly area.

Note - there are two barrier gates on Centre Road. The first of these is approximately 900 m from the Centre Road and Pittwater Road intersection, and the second approximately 600 m after the first gate. Please close the gates after passing through them. The first gate is held closed by a chain draped around the left-hand upright and might appear to be locked, however it will be unlocked. At the second gate, just lift the bolt from the locking mechanism to open, then replace when closing the gate.

There is about a 1.5 km walk to the start from the assembly area and about 500 m walk from the finish to the assembly area/download.

## When Can I Start?

You can start anytime between 10am and 12pm. Starting as early as possible gives you more time to complete the course. Allow sufficient time for the 1.5km walk to the start.

## When do I Have to Finish?

You need to finish before the course is closed at 1:30pm. If you cannot complete your course in time you will need to abandon it and head back to the assembly area to arrive by course closure time.

Whether or not you have completed your course, you must download your SI at the computer, so that we know you have returned safely, and don't organise a search party for you. Also be aware that as soon as the course is closed, the organisers start bringing in controls.

## Which Map is Being Used?

Map: Pittwater Dunes

Scale: 1:7,500

Contour Interval: 2.5 m

## What are the Courses?

Course	Target Winning Time (Approx)	Navigation	Distance (Approx)	Number of Controls (Approx)	Age Group Classes
1	80-90	Almost impossible	8.2 km	31	M21
2	65-75	Very Very Hard	7.3 km	26	W21, M17-20, M35, M40

Course	Target Winning Time (Approx)	Navigation	Distance (Approx)	Number of Controls (Approx)	Age Group Classes
3	55-65	Very Hard	6.6 km	24	W17-20, W35, M16, M45, M50, M Open AS
4	55-60	Really Quite Hard	4.9 km	17	W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60
5	50-55	Pretty Hard	3.7 km	14	W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75
6	45-50	Still Hard	3.3 km	12	W80+, M80+, M/W Open A, MW55+AS
7	30-40	Moderate	3.0 km	14	W14, W16+B, M14, M16+B, M/W Open B
8	25-30	Easy	2.3 km	11	W12, M14B, M12, M14B, M/W Open C
9	20-25	Very Easy	1.8 km	8	W10, W12B, M10, M12B

## Do I Need an SI Stick or P Card?

All Tasmanian Orienteering clubs use the SportIdent (SI) electronic timing system so an SI-stick or a P card is required at all events. **Due to COVID-19 we are no longer offering SI-stick hire. Thanks to a Government Grant we are now able to offer P cards for \$10 (half-price).**

P-cards are suitable for all local events, but for bush events it is preferable to have an SI-stick – they are faster to use and register more controls.

You can buy a P-card for \$10 when you enter online. Purchase your P-card from Eventor when entering an event. Choose 'Purchase of P card' from the drop-down menu in 'Available Services' and click the green Add button to purchase. For your first event we will lend you an SI-stick for free.

If you would like to buy an SI-stick (from \$60), some clubs may have them for sale (ask at an event) or see [aussieogear.com](http://aussieogear.com)

## How do I Enter?

**To comply with COVID-19 regulations you must enter online by midnight on Monday October 19. Late entries are possible on Tuesday October 20 but attract a higher fee. No entries will be accepted after midnight Tuesday October 20.**

- If you are a newcomer, see *Information for Newcomers* below
- Enter using [Eventor](http://Eventor) – the online orienteering entry system.

- If you need help to enter, follow the [How to Enter guide](#).
- There will be no entry or payment on the day.
- To enter online you need to be [registered as a casual or full member of Orienteering Tasmania](#). Casual membership is free!

## Information for Newcomers

Newcomers are encouraged to come along and give bush orienteering a try. Wear comfortable clothing and foot wear suitable for walking or running; bring warm clothes and wet weather gear in case the weather is inclement. Long pants are a good idea if you plan on doing a course that takes you off tracks and through the bush.

For OST events enter class M/W Open B for a moderate navigation course or class M/W Open C for an easy navigation course.

When you arrive at the event come to the registration desk and let the organisers know you are new; an experienced member will help you through the registration, start and event procedure.

Your first orienteering event will be free of charge (including loan of SI-stick). Our online entry system is not set up to allow free entry, so if you are a newcomer please [register as a casual or full member of Orienteering Tasmania](#) and then email [sportident@tasorienteering.asn.au](mailto:sportident@tasorienteering.asn.au). Let them know who will be attending and the course each person would like to do.

## How Much Does it Cost to Enter?

Event Fees	Adult	Adult	Youth or Concession	Youth or Concession	Family	Family
	Casual Member	Full Member	Casual Member	Full Member	Casual Member	Full Member
Orienteering Series Tasmania (OST event)	\$24	\$16	\$12	\$8	\$60	\$40

1. **Adult** is 21 years and over at 31 December of the current year  
**Youth** is under 21 years at 31 December of the current year  
**Concession** is Commonwealth Card Holders (pension or health care card) or a full-time student  
**Family** is 2 adults and any number of juniors who are part of a family (enter all in one session to get the discount)
2. Children 10 years and under completing a course as a member of a group in the company of adults or older children, participate free of charge - only one adult in the group needs to register, unless you want more than one map for the group .
3. A child completing a course as an individual with a parent shadowing (following) them only pays the relevant child entry fee. That is, the parent shadowing does so free of any charge. Only the child needs to register.

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## Contact Information

To contact the organiser for this event, email [matthew.cohen@hotmail.com](mailto:matthew.cohen@hotmail.com)

For Southern Tasmanian orienteering information, email [australopers@tasorienteering.asn.au](mailto:australopers@tasorienteering.asn.au)

For Northern Tasmanian orienteering information, email [evoc@tasorienteering.asn.au](mailto:evoc@tasorienteering.asn.au)

For North-Western Tasmanian orienteering information, email [pathfinders@tasorienteering.asn.au](mailto:pathfinders@tasorienteering.asn.au)

For Statewide orienteering information, email [info@tasorienteering.asn.au](mailto:info@tasorienteering.asn.au)

## Course Planners and Course Controllers

Course Planner: Matthew Cohen

Course Fat Controller: Jemery Day

## Where can I find results?

Results from an event are presented in four different places on our website in slightly different ways.

- **Live Results** are available as competitors download during some events. Go to [Results/Live Results](#) and choose the club that organised the event.
- **WinSplits** shows everyone's times for each leg, and is usually available the evening after the event. Go to [Results/Recent Results](#) and click [Tasmania Results in Winsplits](#) at the top.
- **Eventor** shows overall results for each course or class, and will be available the evening after the event. Go to [Results/Recent Results](#) and click on results for that event.
- **Livelox** shows the routes people have taken on the course (if they have used a GPS and uploaded the data). Go to the Eventor results and then click on Livelox either in the top bar or for each class/course.

## What Else do I Need to Know?

As Orienteering Tasmania events are often conducted on private property, we have a blanket policy of not permitting dogs at our events. Please leave your dog at home if going orienteering. As well, please leave gates closed or open as you find them.

## Any Food, Entertainment, Coaching or Other Special Attractions?

Bringing your own food and drink is good COVID-safe practice. We won't be providing any food – nor even any water, either on the course or at the assembly area. Please bring your own! We recommend you also look for your own entertainment – there ought to be plenty in the sand dunes. Special attractions? Yellow-tailed black cockatoos may grace us with their presence. Enjoy listening to their haunting calls as they fly awkwardly overhead. Don't try to follow them to a control.