

Please use this as a guide as to which age class you should enter.

Course	Men's age class	Women's age class
Hard 1	M21A M35A	
Hard 2	M18A M20A M40A M45A M50A M55A	W21A
Hard 3a	M16A M60A M65A M21AS	W35A W40A W45A
Hard 3b	M70A M35AS	W16A W18A W20A W50A W55A W60A
Hard 4	M75A M45AS M55AS	W65A W70A W21AS W35AS W45AS W55AS
Hard 5	M80A M85A M65AS	W75A W80A W85A W65AS
Moderate	M14A M Open B M Junior B	W14A W Open B W Junior B
Easy	M12AEasy	W12A
	Open Easy	
Very Easy	M10A	W10A
	Open Very Easy	