Metroleague 5								
Division 1			6.4 km			175 m		
▷								
1	101							
2	102							
3	103							
4	104							
5	105	↑						
6	106						⊥	
7	107							
8	109							
9	110							
◯——— 0 m ———→△								
10	111							
11	112							
12	113							
13	114						·○	
14	121							
15	115							
16	116							
17	117	↑						
18	118							
19	119							
20	120						⊣	
21	124	↑						
⟩◯ 260 m ⟩◎								

Metroleague 5								
Easy			2.0 km			45 m		
▷								
1	126							
2	118							
3	127							
4	128							
5	116							
6	124	↑						
7	125							
8	129							
9	120						⊣	
⟩◯ 200 m ⟩◎								

Metroleague 5								
Division 2			5.0 km			130 m		
▷								
1	101							
2	122		START				⊤	
3	125							
4	103							
5	104							
6	115							
7	116							
8	105	↑						
9	109							
10	111							
11	112							
12	107							
◯——— 0 m ———→△								
13	114						·○	
14	121							
15	117	↑						
16	102							
17	120						⊣	
18	124	↑						
⟩◯ 260 m ⟩◎								

Metroleague 5								
Division 4			3.8 km			90 m		
▷								
1	102							
2	118							
3	117	↑						
4	123							
5	115							
6	116							
7	111							
8	112							
9	108							
10	107							
11	105	↑						
12	103							
13	124	↑						
14	120						⊣	
⟩◯ 200 m ⟩◎								

Metroleague 5								
Division 3			4.4 km			115 m		
▷								
1	102							
2	103							
3	121							
4	105	↑						
5	111							
6	112							
7	107							
8	109							
9	114						·○	
10	115							
11	116							
12	104							
13	117	↑						
14	101							
15	120						⊣	
⟩◯ 200 m ⟩◎								

Metroleague 5								
Division 5			3.3 km			70 m		
▷								
1	122		START				⊤	
2	118							
3	125							
4	103							
5	117	↑						
6	123							
7	115							
8	107							
9	108							
10	112							
11	105	↑						
12	110							
13	124	↑						
14	120						⊣	
⟩◯ 200 m ⟩◎								

Metroleague 5								
Division 6			2.7 km			60 m		
▷								
1	122		START			T		
2	102							
3	118							
4	117	↑						
5	123							
6	115							
7	107							
8	105	↑						
9	110							
10	124	↑						
11	129					Y		
12	120					⊣		
			200 m					