



ORIENTEERING NSW Inc, PO Box 3379, NORTH STRATHFIELD NSW 2137

PHONE: (02) 8736 1252 • EMAIL: admin@onsw.asn.au • WEB: www.onsw.asn.au

COVID Safety document

SYDNEYS SUMMER SERIES - COVID SAFETY

Orienteering NSW's [COVID-19 Safety Plan](#) applies to this event. Clubs have all adopted the ONSW Plan and this document outlines specific elements for participants at our event. DO NOT ATTEND if you must self-isolate under NSW Health COVID "[When you must self-isolate](#)" or "[self-isolate and get tested immediately](#)" guidance.

Before the event

- The course map will be available on Eventor the evening before the event, so you can study it before you arrive.
- Control descriptions will also be available on Eventor (sometimes on the map). Loose sheets will not be provided at the event.
- Travelling to the event – avoid using shared transport, eg public transport.

At the event

- This is an "arrive, orienteer and go home" event.
- Change clothes at your car.
- When you arrive please go to the Meet and Greet point (it's where the control flag is on the map in Eventor).
- If you have been to Summer Series before, collect a high-quality printed map and start. If you want to study your map please go back to your car. If you need help on what to do, please go to the Help desk.
- Leave your bags at the bag drop area.
- If you are part of a group or are not competing you must register your contact details at the Meet and Greet point (unless you have already done this in Eventor). You can do this by using a QR code or by completing our form.
- **Social distancing** must be maintained at all times around the event centre and out on the course. Please be considerate of non-orienteers.
- **Hygiene** - please wash your hands well before attending activities. Hand washing and/or hand sanitising will be available. Please:
 - Sanitise your hands on arrival;
 - Wash or sanitise your hands before and after any toilet visit;
 - Sanitise your hands immediately after your run – wash them first if they are dirty;
 - Cover your cough or sneeze;
 - Do not spit.
- **Equipment:** BYO water. Do not share drinks, towels or personal items. Take care to only touch and pick up the map that you are using. Avoid touching the SI units. There will not be a box for keys.
- After you **Finish**, queue appropriately for the download and move away as quickly as possible. You can stay in the cool zone while cool down and wait for other people you travelled with to finish.
- **Results** will be available online.

