

# 2020 Tasmanian Middle Distance Championships

Welcome to Pittwater Dunes, we hope you have a fun day.

## Which Map is Being Used?

Map: Pittwater Dunes

Scale: 1:7500

Contour Interval: 2.5m

## Terrain

You will get to experience a variety of sand dune types today! subtle lumpy open terrain, just a little bit of steep-ish pine-forested slopes, gently undulating open pines with a carpet of pine needles to make footing firm and soft open dunes with dense marram grass. There were once places with numerous fallen trees amongst the pines, but these have mostly rotted with the help of echidnas, breaking down and opening the area.



There are some unmapped informal tracks where vehicles have driven through the dunes. These may:

1. Look like a trail of flattened marram grass, or
2. Show a mix of soft sand and pine needles under two distinct parallel tyre tracks.

In contrast the mapped trails are either soft sand or pine needles across the full width of the track. Sometimes these tracks can be hard to spot when the covering of pine needles is particularly dense. An example of this dense covering of pine needles on a mapped track can be seen at the start triangle!

## Brought to you by

Course Planner: Jon McComb

Course Controller: Peter Cusick



## Courses

Course	Target Winning Time	Navigation	Distance (Approx)	Climb	Number of Controls	Age Group Classes
<b>1</b>	25 – 35 mins	Hard	3.7km	125m	19	M21
<b>2</b>	25 – 35 mins	Hard	3.3km	105m	17	W21, M17-20, M35, M40
<b>3</b>	25 – 35 mins	Hard	2.8km	80m	13	W17-20, W35, M16, M45, M50, M Open AS
<b>4</b>	25 – 35 mins	Hard	2.4km	80m	12	W16, W40, W45, W50, W Open AS, M35-50AS, M55, M60
<b>5</b>	25 – 35 mins	Hard	1.9km	80m	10	W35-50AS, W55, W60, W65, W70, W75, M65, M70, M75
<b>6</b>	25 – 35 mins	Hard	1.6km	50m	9	W80+, M80+, M/W Open A, MW55+AS
<b>7</b>	25 – 35 mins	Moderate	2.6km	40m	13	W14, W16+B, M14, M16+B, M/W Open B
<b>8</b>	20 mins	Easy	1.9km	30m	14	W12, M14B, M12, M14B, M/W Open C
<b>9</b>	20 mins	Very Easy	1.7km	25m	10	W10, W12B, M10, M12B

## Control Descriptions

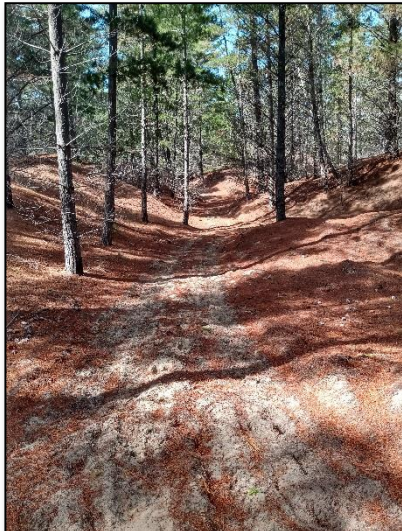
Courses 7, 8 and 9 have text control descriptions, all other courses have symbols. Every course has control descriptions on the map and separate descriptions are available with the maps at the pre-start.



## Mapped and Unmapped Tracks – An Occasional Series

There are a few informal tracks made by vehicles, mostly towards the eastern end of the map. You may encounter these towards the end of your course. Generally, they are easy to tell from the mapped tracks, especially if you know exactly where you are. Otherwise, these photos might help you to pick the difference.

Mapped tracks



Unmapped tracks





## Where is the Start?

Follow pink pin markers 1.2 km to the west from the assembly area along a mostly flat, firm sandy track with a short climb at the end to arrive at the pre-start. Total climb 25m. By the time you get to the pre-start area you will be warmed up!

Allow 15-20 minutes to walk to the start.

There will be a clothing return, but it won't be a frequent service. So, you may be waiting some time for your clothes.

## What is the Start procedure?

You can enter the pre-start area 2 minutes before your start.

Collect a control description sheet if you like and check you are lined up behind the box with a map for your **course**.

Start times have been allocated so there is no need to punch a start box.

If you arrive late, see the start official for the next available start time. Please wait until they are not busy.

## Safety Instructions

If you become hopelessly lost then head north until you hit the track from the arena to the start, then travel east to the arena. If don't reach the track but instead reach the beach and can spy Lewisham over the water, then hhead west until you reach the arena.



## When do I Have to Finish?

You need to finish before the course is closed at 1:00pm. If you cannot complete your course in time you will need to abandon it and head back to the assembly area to arrive by course closure time.

Whether or not you have completed your course, you must download your SI at the computer, so that we know you have returned safely, and don't organise a search party for you. Also be aware that as soon as the course is closed, the organisers start bringing in controls.

## Where can I find results?

Results from an event are presented in four different places on our website in slightly different ways.

- **Live Results** are available as competitors download during some events. Go to [Results/Live Results](#) and choose Australopers.

When will presentations be held?

We will hold presentations near the finish as soon as we can after all placegetters have finished.