

## PARK STREET SUMMER SERIES GUIDELINES STEP 3



Applicable from 28 October 2020 until at least 8 November 2020

**For resumption of community sport under the Victorian Roadmap for Reopening, at Step 3 for metropolitan Melbourne, and with travel restrictions in place.**

Park Street orienteering is a community sport, held entirely outdoors. It is non-contact and does not have spectators. It will restart in Victoria in accordance with the Victorian Government health directives currently in effect. The Victorian Chief Health Officer has approved resumption of competitive outdoor, non-contact community sport from the date of effect of Step 3 for metropolitan Melbourne, of the [Victorian Roadmap](#):

Outdoor, non-contact community sport is allowed for all ages

- Individual events can resume with cohorted groups of up to 10 participants, not including necessary volunteers, taking part at one time
- Each participant must be counted separately except for infants under 12 months
- To prevent mixing of cohorts, measures such as staggered start times should be implemented
- Keep 1.5m distance between participants, practice hand hygiene, minimise use of shared equipment, and clean between use
- Spectators are allowed if they are supervising children or are supporting participants with additional needs
- [Face covering rules](#) must be followed
- From 28 October 2020 until at least 8 November 2020, participants can only attend events in metropolitan Melbourne and within 25 km of where they live

These guidelines are provided to assist Victorian orienteering organisers and participants return safely to Park Street orienteering, under the current Directions issued by the Victorian Chief Health Officer: They must be read and actioned together with the concurrent [Orienteering Victoria Return to Sport Plan](#). This plan will be further amended to reflect any changes to restrictions.

**You must NOT attend any orienteering event or organised activity:**

- If you are unwell with a cough, fever or other respiratory symptoms.
- If you have been in close contact with a suspected or confirmed case of COVID-19, until you have completed the prescribed quarantine period, even if you are symptom free or tested negative.
- If you have returned from any overseas country, until you have completed the quarantine period, even if you are symptom free or tested negative.
- If you have been tested for COVID-19, until you have received negative results and are symptom free.
- If you have been advised to stay home by a health professional

Please consider personal risk, particularly if you are older or have a chronic health condition.

## PARK STREET SUMMER SERIES STEP 3 – GUIDELINES FOR PARTICIPANTS

Under Step 3, events are held on Monday, Tuesday and Wednesday evenings in metro Melbourne, Thursday evenings in Geelong, and one Sunday per month on the Mornington Peninsula.

- New courses, printed maps provided at the start, and virtual controls
- Register online to ensure participation numbers remain within government directives
- Multiple 10-person timeslots sessions offered at each event, at 20-minute intervals
- Use MapRun on your phone or Garmin, or BYO pen and use a control card
- Simple QR code checkin/checkout at the event, for required record keeping
- Season passes available and strongly preferred over cash payment
- Series scoring, Millennium Club and MEFTY points resume

### WHEN AND WHERE

Events will be per the published Melbourne Summer Fixture. Any changes to dates or locations will be widely communicated, and listed at <http://www.vicorienteering.asn.au/summer>

Until at least 8 November 2020, you must not travel more than 25 km from where you live or work, to attend an event.

### TIMESLOTS

SERIES	MONDAY	TUESDAY	WEDNESDAY	GEELONG	MORNINGTON
Overall window	5pm-7pm	5pm-7pm	5pm-7pm	6pm-7pm	9am-10am
Number of timeslots	6 x 10 person	6 x 10 person	6 x 10 person	4 x 10 person	3 x 10 person
Tmeslot intervals	20 minutes				
Total participants	60	60	60	40	30
Last finish time	8.15pm	8.15pm	8.15pm	8.15pm	11.15am

*Note: When Victoria goes to Step 4 (50-person groups), timeslots will be reduced to a maximum of 3 for an event where 100+ people can be expected, and less for smaller events. The overall start window will be cut back accordingly, but timeslot intervals will increase to 30 minutes (eg 6pm. 6.30pm and 7pm)*

### HOW IT WORKS

- Go to the [SIGNUP SHEET](#), find the tab that corresponds to the event you want to come to, and choose one of the timeslots. Please fill timeslots from latest to earliest, to reduce overall time that volunteers need to be there if there are vacancies. Enter your name into a timeslot – one timeslot per person per event. First in, first served. Timeslots are locked down as they are filled, or 2 hours before the first timeslot on the day. If you need to change or delete your entry after the signup sheet is locked down, email [voa@iinet.net.au](mailto:voa@iinet.net.au).
- Check the **sample map** and **instructions** online, posted no later than 2 hours before the first session. These will not be printed for display at the event, but can be viewed [here](#).
- Wash your hands thoroughly immediately before leaving home and immediately after returning. Bring your own hand sanitiser for personal use. Cough or sneeze into your sleeve or elbow. Maintain physical distance of at least 1.5m from all others, at all times.
- You must follow the face covering rules. This means wearing an accepted face covering when outside your vehicle, before you start and after you finish. You must carry your face covering whilst competing, and wear it if you are not puffing/out of breath.

- A **timeslot** means the time during which you must check in, and start. You can start any time during your timeslot, but you should start as soon after checking in as possible, and well before the next timeslot starts.
- Arrive in time for the timeslot you signed up for – no earlier or later. You cannot change timeslots unless Registration confirms you can do so. If you arrive before your timeslot, you **MUST WAIT IN YOUR VEHICLE**. You cannot check in, or interact in any way with participants in another timeslot. If you miss your timeslot, you will need to wait for a vacancy in a later timeslot, and wait in your vehicle until that timeslot starts.
- Checking in – come to Registration as soon after arrival as possible, and ready to start immediately. Bring your phone. The registration volunteer will check their list to make sure that you are in the correct timeslot. After that, use the supplied QR code to check in, by scanning it with your phone. Take a printed map.
- If you are using MapRun, select your course and start as soon as you are ready. Make sure you are using MapRun F or MapRun G, not the older version.
- If not using MapRun, take a control card. You must BYO pen. Fill in your name and course, but do not detach the stub. Record your actual start time on the back of your card (hh:mm:ss)
- Find a place to put your keys, water bottles, extra clothes etc, away from the assembly area. There is nowhere set aside for personal belongings, and the course setter will not look after them.
- Out on the course, use MapRun or your control card to record which controls you visit. If using a card, write down the last digit of each light pole number, or place a tick in the corresponding box if the control is not on a light pole. There are no physical controls.
- Complete your course and return to the Finish. If using MapRun, simply make sure your return is noted by the volunteer, and scan the Checkout QR code.
- If using a control card, stop several metres back from the finish table. Record your exact finish time to the second on the back of the card, e.g. 7:25:38. After recording your finish time, quickly approach the finish table, place your card on the card holder provided without touching the holder, and move away promptly.
- If MapRun fails to record one or more controls, but has otherwise worked, and recorded a GPS track, use the HITMO function to notify a missing control. If MapRun did not work, or there is no GPS track, fill in a control card at the Finish with your name, course, start/finish time, and control/s visited. Place it on the card holder provided, and move away promptly. Your result will be adjusted by the scorer.
- As soon as you have finished and checked out via QR code, move away from the start/finish area. Depart as soon as you can. Do not interact with anyone from a timeslot other than your own.

- On arrival, use your phone's camera or QR code scanning app to scan the printed Check In QR code at Registration. Tap the link to take you to the Check In screen.
- The first time you check in to any Summer Series event, you'll be prompted to enter your name and mobile phone number. Email is optional. From then on your details will be recognised and filled in when you check in at any subsequent event, regardless of series.
- Tap the **Payment Method** box, and select your method of payment.
- Tick the **Covid-19 Declaration box**, then tap **Submit**. You will see a screen to confirm you are checked in.
- To check out, simply scan the printed Check Out QR code on the poster at the Finish, when asked to do so by the volunteer at the table.
- The program securely stores your details for 28 days, and is only shared with DHHS in Victoria for contact tracing. Event organisers may retrieve your phone number if you have not returned and checked yourself out by course closure time.
- We ask you to indicate your payment method so that we can keep a record of Season Pass or MultiPass use, and send you a reminder when your Pass is due to run out.

*Check In Screen.*

*You can check in family members too.*

### Visitor Recording

Business Name: Orienteering Victoria

Number of Visitors

Full Name \*

Contact Number \*

Email Address

I would like a confirmation email

Payment Type \*

I Agree to Covid-19 Declaration\*

You do not have any symptoms associated with Covid-19 (e.g. fever, cough, sore throat, shortness of breath, sneezing, runny nose, loss of sense of smell, etc)

You do not have Covid-19 nor are you awaiting the result from being tested for Covid-19

You have not been in contact with any known or suspected cases of Covid-19 in the past 14 days

You have not returned or been in contact with anyone else who has returned from overseas in the past 14 days

You have not returned or been in contact with anyone else who has been in a restricted local government area or hotspot in the past 14 days

**SUBMIT**

