

## **ORIENTEERING QUEENSLAND**

PO BOX 148 SPRING HILL, QLD, 4004 www.oq.asn.au

## January Free Course Setting workshop – food and good times provided

Location: Attend in-person at Fig Tree Pocket (address supplied nearer the event)

or via **Zoom** (for regional attendees)

Entry: **Free** Food: Supplied.

Bring: Laptop/PC/Some old maps where you didn't like the courses

## Date: Monday January 11, 6pm to 9pm.

Novice course setters should attend from 6pm. Those wishing to improve their skills, courses and efficiency, but already familiar with Purple Pen should attend from 7pm.

6pm to 7pm for novice setters

Basics of Purple Pen - From installation to setting your first course.

## After 7pm for novice and experienced setters

**Good legs vs bad legs:** Course setting is not about the control sites but the legs. Learn how to set "good legs", how to avoid "bad legs" and set courses suitable for appropriate difficulty from Elites to Very Easy. Learn how to find and use the OA rules.

**Setting efficiently:** How to set an event in half the time. How to set in your armchair without going into the field, use the same controls for multiple courses, create one particularly good course and then duplicate to create longer and shorter courses. **Is taping control sites the best way of field checking?** How to best use GPS to check your control sites in the field in real time. But a tape and gps isn't sufficient...?

The role of setter vs controller vs organiser vs mapper: It is your course, don't let the controller touch your file - what is the setter's responsibility? How to get a map changed, how to work with the organiser and save time in locating assembly, toilets, water, finish area and control collection.

**Final practical** - setting an OY **course** in 30 minutes or less on a map you have never seen before that has lots of problems - no obvious assembly, limited track network so difficult to set for juniors, patches of out of bounds ruining your potential legs and many hills you have to avoid. Good course setting doesn't take time, just practice and fun problem-solving.

**Goal**: If the workshop hasn't saved you at least one day in time during the next event you set, I will personally REFUND DOUBLE your workshop attendance fee.

<b>ENTER</b> : via Eventor at; see you there for a lot chat, ideas and fun; Brei
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