



KENSINGTON

Sunday 13 December 2020

The 2020 Victorian Sprint Orienteering Championships takes place on the land of the Wurundjeri People and Melbourne Forest Racers wish to acknowledge them as Traditional Owners. We pay our respects to their Elders, past, present and emerging.

Organising Team

- Organising Club: Melbourne Forest Racers
- Course Setter: Mikkel Kaae-Nielsen (Denmark)
- Event Controller: Blair Trewin (YVOC)
- Organiser: Patrick Jaffe (MFR)

Embargoes

The competition area is embargoed. The area is that bounded by, but not including, Smithfield Road to the northwest, Epsom Road to the northeast, Kensington Road to the southeast and Hobsons Road to the southwest. The embargo does not include:

- Riverside Park (except for marked out-of-bounds areas)
- The signposted pedestrian detour around the construction zone in the northern part of Hobsons Road
- The pedestrian/cycling bridge across the Maribrynmong River.

Orienteering activity (i.e. training with a map) is not permitted in the area between now and the event. After 7 a.m. on the event day, access of any kind is not permitted to the embargoed area, except for any participants who live within the area.

Getting to the Event

- Riverside Park, Speakman Street, Kensington
- <https://goo.gl/maps/f7DwagWj9z2ErwYs5>
- **IMPORTANT:** Parking near the arena is limited so the use of public transport is encouraged.

By Train

- There are two stations, both about 1.5 km from the arena:
- **Newmarket (Craigieburn line)** – from here, walk along Racecourse Road and Smithfield Road to the arena. (Do not follow the pedestrian signs to Riverside Park as these will take you into the embargoed area).
- **South Kensington (Sunbury, Werribee and Williamstown lines)** – from here, cross Holland Park and take Hobsons Road to the arena (using the signposted pedestrian detour around the construction in Hobsons Road). Do not use any





routes east of Hobsons Road. Note that many services on these lines do not stop at South Kensington.

- Parts of the City Loop are closed for works on the event day, so check any connections carefully.

By Tram

- Take the route 57 tram to the Newmarket roundabout. From there, walk about 1 km along Smithfield Road to the arena.

By Bus

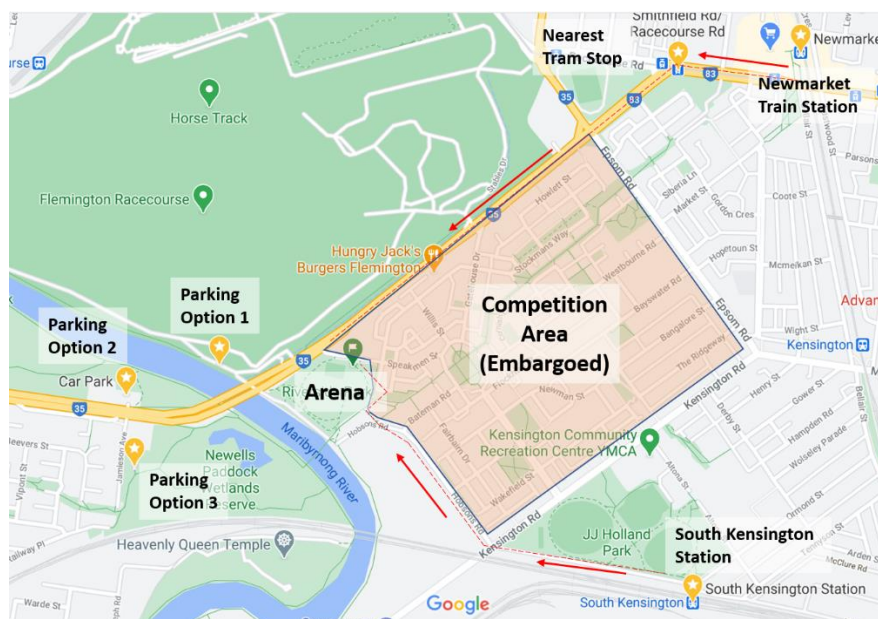
- Smithfield Road buses do not run on Sundays.

By Bike

- The best access to the arena from the east is via Hobsons Road (you will need to walk your bike around the construction zone). Smithfield Road is not recommended for cycling due to narrow kerbside lanes and heavy fast-moving traffic.
- The arena is readily accessed from the west via the Maribyrnong River Trail and the pedestrian/cycling bridge south of Smithfield Road.

By Car

- The main parking area is on the east side of the Maribyrnong River north of Smithfield Road. Access to this area is by turning north off Smithfield Road opposite Riverside Park. From this parking area, follow the riverside path under the Smithfield Road bridge to access the arena area.
- If this parking area is full, there are various on- and off-street options on the western side of the river. These may be up to 1 km from the arena.
- There is no parking on Smithfield Road. Parking in Speakmen Street is for officials only.

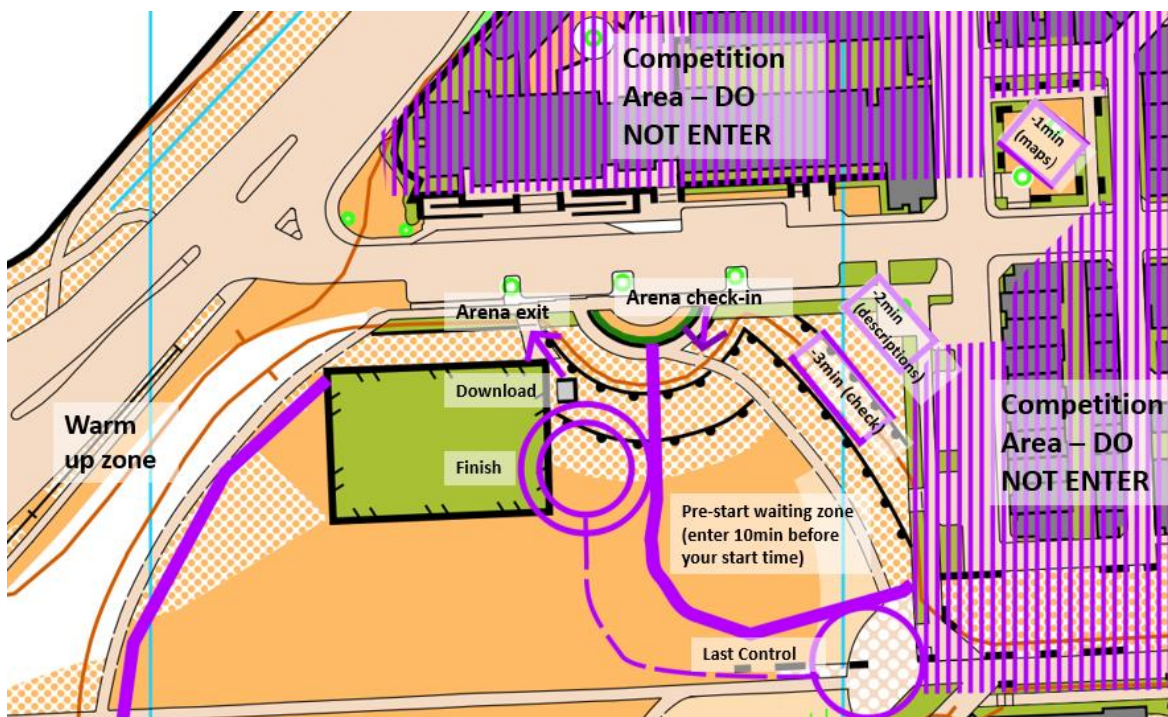




COVID-19

- This event will fully comply with Victorian Government Regulations and [Orienteering Victoria's COVID Safe Plan](#).
- Participants should familiarise themselves with the [OV COVID Safe Participant Guidelines](#).
- Please carry a mask with you at all times and wear it if you are unable to maintain physical distance.
- **All participants must provide an up-to-date contact phone number in Eventor.** To do so, login to Eventor, go to 'My Pages' and then the 'Contact Details' tab to add your mobile and/or landline number (or check that they are up to date). Add your emergency contact's phone number as well if not already there.
- While doing so, please also check that you have registered with your SI-Air (SIAC) stick (if you have one).
- There will be no on-the-day presentations, catering or reasons to hang around in the arena after your run. We do suggest that you catch up with other orienteers independently (and away from the arena). There are no cafes directly near the arena, but numerous suitable establishments for your post-event post-mortem exist around the Kensington and Newmarket shopping centres.

Arena Map



- Please note that you should only enter the pre-start waiting zone through the path to the east of the curved hedge at the north end of Riverside Park. This is where you'll be checked in, to ensure we have an accurate attendance record.
- Only enter through the check-in gate at approximately 10min before your start time.
- After finishing, proceed straight to the download tent, then leave immediately via the nearest exit from the park.





- There is limited shade in or near the arena and a warm/sunny day is currently forecast, please bring sun protection. **Erection of club tents or shelters, however, is not permitted** under Melbourne City Council conditions.
- **All warm ups and cool downs should be completed away from the arena.** We suggest doing so on the trails along the Maribyrnong River.
- **There are no toilets in or near the arena.** The nearest public toilets are in Footscray Park, north of the main road on the western side of the river (or in JJ Holland Park).

Start Times/Start Process

To ensure that there are at most 100 participants at any one time, the start list will be split into two blocks. Please strictly adhere to the arrival and departure times for your block.

Block 1

- Start times between 10:00am and 10:30am
- Course closure: 11:15am, please leave the arena immediately after your run

Block 2

- Start times between 11:30am and 12:00pm
- Course closure: 12:45pm, please leave the arena immediately after your run

As shown in the map above, the start process will be as follows:

- Complete your warm-up and preparations for your race (getting changed, getting your gear ready etc) before arriving at the arena
- With around 10 min to go before your start time, enter the arena through the check-in gate (collect your hire SI stick, if required)
- Wait in the taped off area of the park for your time to be called up.
- -3min: Cross the small retaining wall and clear/check your SI stick
- -2min: Collect your optional paper control descriptions (please use the available hand sanitiser first)
- -1min: Collect your maps. The start triangle is in front of the map boxes and is shown with a flag (but no start punch).

Map

- Kensington (mapped by Fredrik Johansson and Ted van Geldermalsen 2019, minor updates in 2020)
- 1:4000, 2m Contours
- Printed on Pretex by Jim Russell (Stay In Control)
- Previously used for Sprint into Spring 2019 ([Old Map](#))
- Terrain Description: A residential area with an unusual street layout, interspersed with parkland. Remnant features of the old stock route (including many fences) add complexity to the area.
- MFR would like to thank Bayside Kangaroos Orienteering Club for kindly letting us make use of their map.





Course Setter's Notes

It has been difficult to set a course from the other side of the world, so a big thanks to Blair for being my man in the field.

Be prepared to get your orienteering skills tested in the maze of uneven shapes and forms at Kensington. The winner will be the runner that manages to adjust their speed and orienteering according to the challenges that are laid out.

Good luck out there!

- Mikkel Kaae-Nielson

Courses

Course	Distance (shortest route)	Classes
1	3.8km	M21A, M17-20A, M35A
2	3.4km	W21A, W17-20A, W35A, M16A, M45A, M55A
3	2.2km	W16A, W45A, W55A, M14A, M60A, M65A
4	1.7km	W14A, W60A, W65A, W70A, W75A, M70A, M75A
5	1.8km (Easy)	W10A, W12A, M10A, M12A

Forbidden to Cross Features

Participants are reminded to follow the principles of fair play and are not to cross through features marked as out of bounds on the map. Some of these features will be taped off in the terrain, if not clear on the ground.



Results/Prizes

- Live results will be available online, accessible via a QR Code on your map
- There will be no on the day presentations, so placegetters will receive vouchers for entry to the MFR Sprints Events in early 2021 (free entry to an event for first and discounted for second and third).
- The perpetual trophies for Men's and Women's Open categories will be presented at a later date.

Contact

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