

Juniors Orienteering Training Camp: 20th-22nd January 2021 St Helens School

In preparation for the 2021 orienteering season we will be having a training camp in St Helens from Wednesday 20th to Friday 22nd January.

Over the three days there will be technical training and a Night 'O'. During our time off the map there will be time for socialising, swimming and many other exciting activities

The Junior Development camp is open to anyone aged 12 years to 20. Athletes older than 20 are encouraged to come along and help coach the Juniors.

The camp is designed to expose participants to a variety of skills and activities that will enhance and encourage their development within our organisation.

This camp provides an opportunity for members to participate in a range of physical and social activities that will develop personal leadership skills.

Location

Training will primarily take place around the St Helens area

Camp Leaders

Jon McComb	0402819727	Sussan Best	0419115257
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Accommodation

Accommodation will be in class rooms at the St Helens District High School

Transport

Where available private transport will be used. Additionally, there will be a 12 seater minivan departing Launceston on the 20th which can pick up participants from Campbell Town if required. According to the current timetable (accessed 08/12/20) the Redline bus departs Hobart at 10:15am and arrives in Campbelltown at 12:05. When registering please indicate if you will require a seat on the minibus or will make your own way to St Helens. If required the bus can drop participants at Campbell Town to meet the southbound Redline at 1:50pm. Participants will be responsible for booking a seat on the Redline.

Meals

To be advised. In the past we have tried to keep costs down by participants providing a main meal/dessert to share. When numbers are confirmed the plans for this camp will be clarified but it is likely will be similar.

Registration, forms and Money;

Please register your interest as soon as possible as either a helper/coach or a participant, participants a \$25 deposit is payable through Eventor at the time of registering.

All consent forms must be returned by email to schools@tasorienteeing.asn.au by 13 January 2020.

Payment for the camp will be due the week before – we aim to keep the expense to a minimum (est. cost \$100).

Program

Wednesday 20th

PM - Arrive in St Helens
PM - Activity 1
PM - Activity 2

Thursday 21st

AM – Activity 3
AM – Activity 4
Lunch
PM – Activity 5
PM – Activity 6
Dinner
PM – Night O

Friday 22nd

AM – Activity 7
AM – Activity 8 (if time allows)

PM – Home or EVOC Summer Cup

We will require camp helpers, coaches, people to shadow, set and collect controls. If you think you can assist with any of the above please let Jon McComb know via email – coaching@tasorienteeing.asn.au

* The EVOC Summer Cup is currently pencilled in to start with a twilight event on the 22nd in Launceston, with further events to follow on the Saturday and Sunday. There may be the option for participants who wish to attend the cup to arrange billeting with Launceston families. Alternatively, encourage your friends and family to come along and have the weekend in Launceston too. It is expected that with the minivan and private cars there will be enough seats to transport interested participants to Launceston from St Helens. A great opportunity to try out all your new/improved skills from St Helens!

Please see Eventor, watch Facebook or email the EVOC secretary - evoc@tasorienteeing.asn.au for further details about the cup.