

Illawarra Kareelah Orienteers invites you to enter
NSW State League 11, 2014
Long Distance Orienteering Event
Sunday 20 July 2014, Belanglo State Forest



Directions to venue: Turn west off Hume Highway at the Gordon VC Rest Area into Belanglo/Bunnigalore Road, 6km south of the Berrima exit or 6km north of the Illawarra Highway exit. Follow O signs along forest roads for 9.5km to parking. There will be a short walk to the assembly area, one start for all courses approximately 500 metres from the parking area.

Map: Tree Cave Track, 1:10 000, 2013.

Terrain: Spur/gully, mainly in eucalypt and with some pine forest.

Course	Classes	Distance	Climb
Hard 1	M21A	11.25km	325 m
Hard 2	M17-20A M35A M40A	8.96km	275m
Hard 3	M45A W21A	6.76km	245m
Hard 4	M21AS M50A W17-20A W35A W40A W45A	5.72km	175m
Hard 5	M16A M35AS M55A M60A M65A W50A	5.06km	165m
Hard 6	M45AS M70A W16A W21AS W55A W60A	3.92km	135m
Hard 7	M55AS M75A M80A W35AS W45AS W55AS W65A W70A W75A W80A	3.42km	105m
Moderate	M14A M15-20B W14A W15-20B MopenB WopenB	3.64km	80m
Easy	M12A W12A Open Easy	2.08km	45m
Very Easy	M10A W10A	1.63km	25m

Starts are from 9.00 am. Enter on day from 10 am to 11 am
Split starts can be arranged. Please contact the organiser.

Facilities: Water and bush toilets
Food stall provided by NSW Junior Squad

Further information with start times will be provided Monday 14 July in Eventor and on the IKN website, illawarrakareelahorienteers.com

Organiser Ian Froude 0419 532 172 info@illawarrakareelahorienteers.com
Planner Keith Jay
Controller David Green

Any mail entries should be sent to Ian Froude, 66B Douglas Street, Waterloo NSW 2017 including a cheque to Illawarra Kareelah Orienteers, necessary information and a self addressed, stamped DL envelope if you wish to receive your start information through the mail.

Entries close Friday 11 July at 11.59 pm.

Entry fees: Senior \$25; Junior (under 21) \$16; Sub junior (under 13) \$12; Family max \$75

Enter on day: Moderate, easy, very easy \$13; Hard course \$25

All entrants must sign-off on the **ONSW risk disclaimer** before they will be allowed to participate.