

Illawarra Kareelah Orienteers

NSW State League 11, 2014

Long Distance Orienteering Event

Sunday 20 July 2014, Belanglo State Forest



Directions to venue: Turn west off Hume Highway at the Gordon VC Rest Area into Belanglo/Bunnigalore Road, 6km south of the Berrima exit or 6km north of the Illawarra Highway exit. Follow O signs along forest roads for 7.8km to parking. There will be a short walk to the assembly area, one start for all courses approximately 500 metres from the parking area.

Map: Tree Cave Track, 1:10 000, 2013.

Terrain: Spur/gully, mainly in eucalypt and with some pine forest.

Course	Classes	Distance	Climb
Hard 1	M21A	11.19km	325 m
Hard 2	M17-20A M35A M40A	8.90km	275m
Hard 3	M45A W21A	6.68km	245m
Hard 4	M21AS M50A W17-20A W35A W40A W45A	5.56km	175m
Hard 5	M16A M35AS M55A M60A M65A W50A	5.04km	165m
Hard 6	M45AS M70A W16A W21AS W55A W60A	3.84km	135m
Hard 7	M55AS M75A M80A W35AS W45AS W55AS W65A W70A W75A W80A	3.33km	105m
Moderate	M14A M15-20B W14A W15-20B MopenB WopenB	3.64km	80m
Easy	M12A W12A Open Easy	2.09km	45m
Very Easy	M10A W10A	1.75km	30m

Starts are from 9.00 am. Enter on day from 10 am to 11 am

Start Procedure: There will be three step start procedure with a punch start. Please be at the prestart 6mins prior to your start time. Clear and check will be in the start area.

Late starters are to report to the pre-start official to get a revised start time.

Note: courses close at 2.00pm, anyone still out at this time should abandon their course and make their way back to the finish area.

Facilities: Water and bush toilets
Food stall provided by NSW Junior Squad

Organiser Ian Froude 0419 532 172 info@illawarrakareelahorienteers.com
Planner Keith Jay
Controller David Green

Enter on day: Moderate, easy, very easy \$13; Hard courses \$25

All entrants must sign-off on the **ONSW risk disclaimer** before they will be allowed to participate.