

Come, have your cake and be able to eat it too.



O'SHEA 2 DAY 2021 6th/7th March

Enter this event and you can enjoy orienteering with a difference. Three events over two days, in teams of two. Now that is different but it is not all. The format of this event which was first organized by Central Coast orienteer Frank Anderson back last century when Bob Hawke was the PM (1980's) - remember those days! It is based on a mixture of some of the popular Scandinavian orienteering formats. **Relays and night** orienteering are very popular in Sweden, Norway and Finland- in some cases even more popular than traditional individual competitions.

Saturday 6th March (Afternoon) - Relay - For teams of two with a longer and a shorter leg.

Saturday 6th March (night) Individual night course for each team member, with the fastest time of the team counting towards overall time. So both team members do not have to compete at night if you're scared of the dark.

Sunday 7th March (am) - Team score event- all controls must be visited but are split between the team.

There are a few other complications but it is best that you trust the organizers to know what these are and apply them fairly. The one that is worth knowing is that there are **fantastic fruit cakes adorned with mint leaves and icing** to be won by team members over all three events. **So you can truly have your cake and eat it too!** So get yourself a partner or we can get you one, enter the event and be part of an orienteering tradition much longer in years than most of you have been orienteering!

Event 1- Relay – Rumbalara

Course setter: Hilary Wood. First start 2:30pm. Long 4.5km, Medium 3.8km, Short 2.8km (approx.)

Event 2- Kariong Parklands

Course setter: Paul Prudhoe. First starts from approx. 8:10pm (after dark). Long 4.0km, Medium 3.5km and Short 2.8km (approx.)

Event 3- Rumbalara

Course setter: Hilary Wood - Mass start at 9:30am.

ENTRY- enter using Eventor and please read the instructions ***on how to enter.***

Entries close midnight **Wednesday 4th March.**

ENTRY FEE- \$72 per team for the full event of 3 races and to be an "Official O'Shea entry". (ie. \$36 per team member, \$24 for juniors). Individual event entries will be accepted for daylight events (pre enter please). Enter on Day will be provided (\$15 per map) but maps/ courses will be limited, so pre entry advised.

Entry queries- Hilary Wood.

Seven steps to a CAKE

1. Say **Yes**, I want to be part of this wonderful tradition
2. Get a **partner** (**We can help with this**)

3. Decide ; **Long** or **Short** Pairs and **long** or **shorter leg**. (I warned you it was complicated)
4. **Enter** - stating your team member
5. **Compete**
6. **Enjoy** it
7. **WIN** a cake- **EAT IT!!**

HOW EASY IS THAT!!

Central Coast Orienteers <http://www.ccorienteering.org/>